

Anna Jaques Hospital Community Resource List

Community Benefits Service Area includes: Amesbury, Haverhill, Merrimac, Newburyport, Salisbury, and Seabrook, NH

Health Issue	Organization	Brief Description	Address	Phone	Website
	Department of Mental Health-Handhold program	Provides tips, tools, and resources to help families navigate children's mental health journey.		833.773.2445	www.handholdma.org
	Executive Office of Aging & Independence	Provides access to the resources for older adults to live healthy in every community in the Commonwealth.	1 Ashburton Place 10th Floor Boston	617.727.7750	www.mass.gov/orgs/executive-office-of-aging-independence
	Find Help	Provides resources for financial assistance, food pantries, medical care, and other free or reduced-cost help.			www.findhelp.org
	Mass 211	Available 24 hours a day, 7 days a week, Mass 211 is an easy way to find or give help in your community.		211 or 877.211.6277	www.mass211.org
	Massachusetts Behavioral Health Help Line	Available 24 hours a day, 7 days a week, connects individuals and families to the full range of treatment services for mental health and substance use.		833.773.2445	www.masshelpline.com
	Massachusetts Elder Abuse Hotline	Hotline is available 24 hours a day or by phone. Older adult abuse includes: physical, sexual, and emotional abuse, caretaker neglect, financial exploitation and self-neglect. Elder Protective Services can only investigate cases of abuse where the person is age 60 and over and lives in the community.	1 Ashburton Place 10th Floor Boston	800.922.2275	www.mass.gov/orgs/executive-office-of-aging-independence
	Women, Infants and Children (WIC) Nutrition Program	Provides free nutrition, health education and other services to families who qualify.		800.942.1007	www.mass.gov/orgs/women-infants-children-nutrition-program?
	MassOptions	Provides connection to services for older adults and persons with disabilities.		800.243.4636	www.massoptions.org

Statewide Resources	Massachusetts Behavioral Health Help Line (BHHL) Treatment Connection	Provides a searchable directory of over 5,000 Behavioral Health service providers in Massachusetts.		833.773.2445	www.masshelpline.com/MA-BHHLTreatmentConnectionResourceDirectory
	Massachusetts Substance Use Helpline	24/7 Free and confidential public resource for substance use treatment, recovery, and problem gambling services.		800.327.5050	www.helplinema.org
	National Suicide Prevention Lifeline	Provides 24/7, free and confidential support.		988	www.suicidepreventionlifeline.org
	Project Bread Foodsource Hotline	Provides information about food resources in the community and assistance with SNAP applications by phone.		1.800.645.8333	www.projectbread.org/foodsource-hotline
	SafeLink	Massachusetts' statewide 24/7 toll-free domestic violence hotline and a resource for anyone affected by domestic or dating violence.		877.785.2020	www.casamyrna.org/get-support/safelink
	SAMHSA's National Helpline	Provides a free, confidential, 24/7, 365-day-a-year treatment referral and information service (in English and Spanish) for individuals and families in need of mental health resources and/or information for those with substance use disorders.		800.662.HELP (4357)	www.samhsa.gov/find-help/helplines/national-helpline
	Supplemental Nutritional Assistance Program (SNAP)	Provides nutrition benefits to individuals and families to help subsidize food costs.		877.382.2363	www.mass.gov/snap-benefits-formerly-food-stamps?
	Veteran Crisis Hotline	Free, every day, 24/7 confidential support for Veterans and their families who may be experiencing challenges.		988	www.veteranscrisisline.net
Domestic Violence	Jeanne Geiger Crisis Center	Provides support in Survivor Services, including advocacy, counseling, legal assistance, support groups and 24/7 Confidential Hotline.	2 Harris St Newburyport	978.465.0999 24/7 Confidential Hotline is available at 978.388.1888	www.jeannegeigercrisiscenter.org

	YWCA Northeastern Massachusetts	Provides support in Survivor Services, including advocacy, counseling, legal assistance, support groups and 24/7 Confidential Hotline.	107 Winter St Haverhill	978.374.6121 24-hour hotline 844.372.9922	www.ywcanema.org/survivor-services/
Food Assistance	All Saints Parish Food Pantry	Provides food assistance to residents of Haverhill.	120 Bellevue Ave Haverhill	978.372.7721 ext. 30	www.allsaintshaverhill.org/food-pantry
	Changing Lives Christian Church	Provides food assistance to residents of Haverhill.	17 Newcomb St Haverhill	978.373.7373	www.changingliveschristianchurch.com/food_pantry.htm
	Community Action, Inc.	Provides food assistance to residents of Amesbury, Merrimac, Salisbury, Newburyport, Newbury and West Newbury.	44A Friend St Amesbury	978.388.2570	www.communityactioninc.org/cai-amesbury-center/
	Liz Murphy Open Hand Pantry	Provides food assistance to residents of Haverhill.	16 Ashland St Haverhill	978.372.0260	www.stjamesandjohnhaverhill.org/87
	MA Women, Infants and Children (WIC) Nutrition Program	Provides free nutrition, health education and other services to families who qualify.		800.942.1007	www.mass.gov/orgs/women-infants-children-nutrition-program
	Our Neighbors' Table	Provides food assistance to residents of Amesbury, Boxford, Byfield, Georgetown, Groveland, Merrimac, Newbury, Newburyport, Rowley, Salisbury, and West Newbury.	P.O. Box 592 Amesbury	978.388.1907	www.ourneighborstable.org
	The Pettengill House, Inc.	Provides food assistance to residents of Amesbury, Groveland, Merrimac, Newbury, Newburyport, and Rowley.	13 Lafayette Rd Salisbury	978.463.8801	www.pettengillhouse.org
	Project Bread Foodsource Hotline	Provides information about resources in your community as well as assist with SNAP applications over the phone.		1.800.645.8333	www.projectbread.org/get-help
	Sacred Hearts Food Pantry	Provides food assistance to residents of Haverhill.	13 Carleton Ave Bradford	508.542.0698	www.sacredheartsparish.com/serving-our-neighbors
	Salvation Army Haverhill	Provides food assistance to residents of Haverhill.	395 Main St Haverhill	978.420.4192	easternusa.salvationarmy.org/massachusetts/haverhill/
	Somebody Cares New England Food Pantry	Provides food assistance to residents of Haverhill.	358 Washington St Haverhill	978.912.7626	www.somebodycaresne.org/food-pantry/

	Supplemental Nutritional Assistance Program (SNAP)	Provides nutrition benefits to individuals and families to help subsidize food costs.		877.382.2363	www.mass.gov/snap-benefits-formerly-food-stamps
Housing Support	Amesbury Housing Authority	Provides affordable, subsidized rental housing for low-resource individuals and families, older adults and persons with disabilities.	180 Main St Amesbury	978.388.2022	www.amesburyha.com
	Community Action, Inc.	Provides social service programs and housing resource assistance.	3 Washington Sq. Haverhill	978.373.1971	www.communityactioninc.org
	Emmaus	Provides services and programs that assist with family and children, finances, education and job training, food and nutrition, and housing and utilities.	127 How St Haverhill	978.241.3400	www.emmausinc.org
	Haverhill Housing Authority	Provides affordable, subsidized rental housing for residents of Haverhill.	25-C Washington Sq. Haverhill	978.372.6761	www.haverhillhousing.com
	Merrimac Housing Authority	Provides affordable, subsidized rental housing for low-resource individuals and families, older adults and persons with disabilities.	180 Main St Amesbury	978.388.2022	www.merrimacha.com
	Newburyport Housing Authority	Provides affordable, subsidized rental housing for low-resource individuals and families.	25 Temple St Newburyport	978.465.7216	www.nhahousing.com
	Salisbury Housing Authority	Provides affordable, subsidized rental housing for residents of Salisbury.	23 Beach Rd Salisbury	978.462.8600	www.salisburyhousing.org
	YWCA of Newburyport	Provides safe, affordable and supportive child care and youth development, housing and wellness opportunities.	13 Market St Newburyport	978.465.9922	www.ywcanewburyport.org
	Arbour Counseling Services	Provides behavioral health and substance use treatment programs to individuals of all ages, groups, families, and couples.	116 Summer St Haverhill	978.373.7010	www.arbourhealth.com
	Beth Israel Lahey Health (BILH) Behavioral Services	Provides high-quality mental health and addiction treatment for children and adults ranging from inpatient to community-based services.		978.968.1700	www.bilhbehavioral.org

Mental Health and Substance Use	Eliot Community Behavioral Health Centers	Provides substance use and mental health treatment programs including urgent and emergency services, crisis stabilization, individual and family therapy services and care coordination for youth, families and adults.	10 Harbor St Danvers	888.769.5201	www.eliotchs.org/cbhc/
	Eliot Community Human Services	Provides services for people of all ages throughout Massachusetts through a continuum of services includes diagnostic evaluation, 24-hour emergency services, and crisis stabilization, outpatient and court-mandated substance-use prevention services; individual, group and family outpatient counseling, early intervention, specialized psychological testing; day, residential, social and vocational programs for individuals with developmental disabilities, outreach and support services for people experiencing homelessness.	125 Hartwell Ave Lexington	781.861.0890	www.eliotchs.org
	Family Continuity	Provides evidence-based, best practice therapies for individuals and families.	360 Merrimack St Bldg. 9 3rd Floor Lawrence	978.687.1617	www.familycontinuity.org
	Link House, Inc.	Provides residential programs in Salisbury, Newburyport, and Amesbury for men and women who struggle with substance use disorders.	110 Haverhill Rd Amesbury	978.462.0787	www.linkhouseinc.org
	AgeSpan	Provides programs and services which are available and accessible to meet the diverse needs and changing lifestyles of older adults.	280 Merrimack St Ste 400 Lawrence	978.683.7747	www.agespan.org
	Amesbury Council on Aging	Provides services for older adults in Amesbury including fitness, education, social services, and recreation.	68 Elm St Amesbury	978.388.8138	www.amesburyma.gov/323/Council-on-Aging
	Haverhill Council on Aging	Provides services for older adults in Haverhill including fitness, education, social services, and recreation.	10 Welcome St Haverhill	978.374.2390	www.cityofhaverhill.com/departments/human_services1/council_on_aging/index.php

Senior Services	Merrimac Senior Center	Provides services for older adults in Merrimac including fitness, education, social services, and recreation.	100 East Main St Merrimac	978.346.9549	www.townofmerrimac.com/ council-on-aging/
	Newburyport Council on Aging	Provides services for older adults in Newburyport including fitness, education, social services, and recreation.	331 High St Newburyport	978.462.0430	www.cityofnewburyport.com/ /council-on-aging
	Salisbury Council on Aging	Provides services for older adults in Salisbury including fitness, education, social services, and recreation.	43 Lafayette Rd Salisbury	978.462.2412	www.salisburyma.gov/council-on-aging
	MBTA Commuter Rail Service	Provides service to Newburyport and Haverhill.			www.mbta.com
Transportation	Merrimack Valley Regional Transit Authority	Serves the northeast corner of Massachusetts with scheduled bus routes and older adults/people with disabilities transportation.	85 Railroad Ave Haverhill	978.469.6878	www.mvrta.com
Additional Resources	Boys & Girls Club of Greater Haverhill	Offers programs in Five Core Program Areas: The Arts, Health & Life Skills, Character & Leadership Development, Education & Career Development and Sports, Fitness and Recreation.	55 Emerson St Haverhill	978.374.6171	www.haverhillbgc.org
	211 NH	Available 24 hours a day, 7 days a week, 211 NH provides help with housing, utilities, food, mental health, health care and so much more.		211	www.211nh.org
	Boys & Girls Club of Lower Merrimack Valley	Offers programs in Five Core Program Areas: The Arts, Health & Life Skills, Character & Leadership Development, Education & Career Development and Sports, Fitness and Recreation.	18 Maple St Salisbury	978.462.7003	www.bgclmv.org
	YMCA Haverhill	Offers a wide range of youth development programs, healthy living and fitness classes, and social responsibility outreach opportunities.	81 Winter St Haverhill	978.374.0506	www.northshoreymca.org/locations/haverhill-ymca